


After Surgery Medication Instructions

1. AMOXICILLIN OR CLINDAMYCIN (Antibiotic)

Take first dose ASAP after surgery. Complete entire course of prescription.



Take all
medications
with SOFT
FOOD

2. IBUPROFEN (Pain Killer / Anti-inflammatory)

Take first dose ASAP after surgery. Take every 6 hours as needed for pain.

3. TYLENOL – OVER THE COUNTER (Pain Killer / Anti-inflammatory)

Regular over the counter Tylenol (Acetaminophen), taken in combination with Ibuprofen is shown to provide excellent pain control, comparable to opioids. Alternate between Ibuprofen and Tylenol every 3 hours.

REGIMEN: Take one dose of 600mg Ibuprofen, 3 hours later take one dose 500-650mg Tylenol, 3 hours later take another dose 600mg Ibuprofen, 3 hours later take another dose of 500-650mg Tylenol. Continue as needed. Do not take more than 2600mg Tylenol in a 24 hour period (eight 325mg strength pills).

4. PERIDEX (Antimicrobial mouthwash)

DAY AFTER SURGERY: Gently swish around surgical areas 2-3x per day. **DO NOT** swallow.

STARTING DAY 4: Use rinse in the syringe provided to gently flush out the surgical sites 2x per day.

AVOID using the syringe in the first 3 days, which can disturb blood clotting and cause a **DRY SOCKET**.

5. OXYCODONE (Stronger Pain Killer - Opioid)

DO NOT take this medication right after surgery. It may interact with the sedation medications still in your system. Only take this medication if Ibuprofen/Tylenol alone is not providing adequate pain control. If you feel like you need it, wait until EVENING the day of surgery to take your first dose.

DO NOT take before driving or operating heavy machinery.

6. MEDROL DOSE PACK (Corticosteroid – controls swelling/inflammation)

Begin the DAY AFTER surgery. Follow the instructions that are printed directly on the “blister pack.”

You may not have been prescribed every medication on this sheet. If you have not received certain prescriptions, Dr. Burkardt has determined they are not necessary based on the extent of your surgery.

Some medications may be substituted for others based on medication allergies you may have.